

Mrs. Keough
Physical Education
Quaker Farms School

Welcome Back!



As your child's Physical Education Teacher my goals are: to aid in the growth and the development of the whole student (intellectually, physically, and socially); to provide a positive learning experience; and to introduce your child to all aspects of movement through a variety of activities so that your child will enjoy many activities in the future!

I am looking forward to another fun and exciting year here at Quaker Farms School. Please take the time to review the following Physical Education Classroom rules with your child at home.

Hope to see you at Meet the Teachers Night on September 13th !

Thank You,
Mrs. Keough

Physical Education Rules

- Listen & Follow Directions
- Dress Ready For Activity (Athletic Sneakers w/ shoelaces or Velcro)
*Please refrain from having your child wear a dress or skirt on P.E. Day
- Give Your Best Effort
- Respect Others and Equipment
- "Freeze" = Stop, Look & Listen
- Keep All Body Parts To Yourself
- Be A Good Sport

If your child breaks a rule:

- 1st Time – Verbal Warning
- 2nd Time – Verbal Warning
- 3rd Time – Time Out
- 4th Time –Time Out: Letter sent Home with Student: To be **Signed & Returned** the next day.
- Severe Disruption – See Principal

Quaker Farms School Wide PBIS (Positive Behavior Interventions and Supports)

Q.F.S. STAR Students: Show Kindness, Try Our Best, Act Safely, Respect Others

*Students may "Clip Up" or "Clip Down" for their behavior during Physical Education Class

Parent – Teacher Communication:

Parents may contact me through any of the following:

- Written Letter or e-mail: keoughj@oxfordpublicschools.org
- Phone Call to School Office – I will return your call.
- Pre – Arranged Conference at School.